



Good morning world!

Today is going to be a great day, better than yesterday. I'm quite a catch and totally worthy of love, abundance, and success.

I'm frustrated about _____, but I know I can only control the controllables. I will do my best to lead with positivity and not give attention to the negative things that are out of my control.

These 3 things are most essential right now and here's how I'm going to tend to them today:

1. _____
2. _____
3. _____

I realize that by prioritizing these 3 things, I might not have time for other tasks that aren't as important and that's ok. I will prioritize those things on another day.

I expect a lot of myself, but I'm going to cut myself some slack because I'm a beautifully imperfect human. Before I get started on my essential tasks, I'm going to give myself a shoutout for:

1. _____
2. _____
3. _____

Love,
Me

YOU'VE
TOTALLY GOT
THIS!

